



California Association
of Health Facilities

OPERATIONALIZING MUSIC & MEMORY

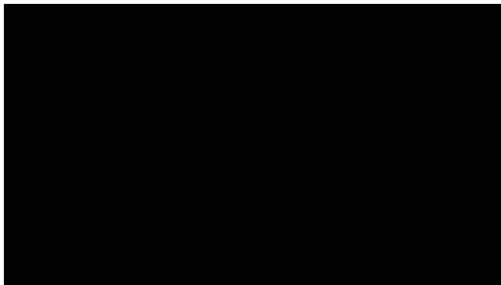
CALIFORNIA
ASSOCIATION OF
HEALTH FACILITIES



JOCELYN MONTGOMERY, DIRECTOR OF
CLINICAL AFFAIRS

AMANDA DAVIDSON, MUSIC & MEMORY
PROGRAM COORDINATOR

WHAT IS MUSIC & MEMORY?



NOW ACCEPTING APPLICATIONS!



Seeking ways to improve resident quality of life?
Want to see residents happier and more social?
Want to help reduce depression and anxiety?

The California Association of Health Facilities (CAHF) is accepting applications for the CAHF Music & Memory project, funded by the California Department of Public Health. It is designed to advance the Campaign to Improve Dementia Care in California skilled nursing facilities (SNFs). The project provides residents with personal music through the use of the MUSIC & MEMORY™ program. There will be a research component embedded in the project. Participating nursing homes will receive:

- MUSIC & MEMORY™ certification training for one year
- Fifteen iPod shuffles
- Laptop computer



For informational brochure and application:
cahf.org/AboutCAHF/Music-Memory

For more information, contact Amanda Davidson at adavidson@cahf.org or Jocelyn Montgomery at jmontgomery@cahf.org

THE WHY OF MUSIC & MEMORY



VIENNA NURSING AND REHABILITATION CENTER

As a PERSON (with dementia)

- I am treated as a person not a disease
- I am acknowledged as "present"
- I am cared for by people who understand me, and about my dementia
- I have continuity in relationships with caregivers
- I continue my familiar routines
- I enjoy meaningful activities
- I need to feel safe

MUSIC & MEMORY HELPS WITH ALL THESE THINGS



Other reasons....

- Reduction in antipsychotics and other meds
- Increase staff and family satisfaction
- Surveyors focus on dementia care policies and practices
- Public image opportunities
- CAHF project gives you a "ready-made" QAPI project



ESKATON CARE CENTER GREENHAVEN



TIM BOUSEMAN, ADMINISTRATOR

TOM BUCCI, NHA/MPA/JD, DIRECTOR LONG TERM CARE – HOMES DIVISION



ADMINISTRATIVE CONSIDERATIONS

- Effect on Staff
- Effect on Surveyors
- Care planning Tips

CARE PLANS

- Program Specific – “Resident Enrolled in Music and Memory Project”
- Problem Specific - “ Resident is resistant to care”
- QOL - Person Centered – “I am a person who is calmed and entertained by my personal music. Please provide it to me during these times/activities/when ever I am not engaged in other programs”
- Comprehensive approach - As one intervention within a care plan for appropriate care targets (i.e. falls, pain, weight loss) “Resident complains of pain after therapy - Provide iPod shuffle for this resident as soon as possible when they return from therapy to promote relaxation and enhance effectiveness of analgesics”

Person Centered Care Plan Mobility and Falls

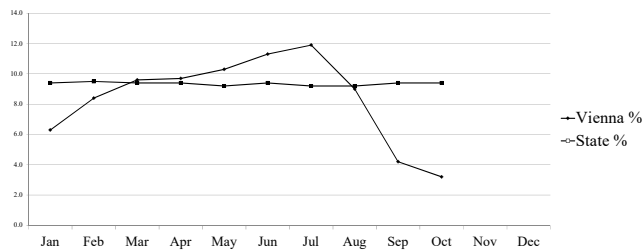
NEED	GOAL	Approaches
I need to walk and I don't want to fall.	I will continue to walk at least three times a day with assistance	<p>After meals I will walk with staff. I like to help so take me with you anywhere and I will put things away for you or fold linen or write on a clipboard.</p> <p>When I am sitting in my room or else where when not in a program, I like to listen to my iPod Shuffle. Put the headphones on me and start the music as this is hard for me. I usually am content to listen to my music and look out the window for 30 to 45 mins but please check on me every 15 mins or so. to make sure I am sitting peacefully and not trying to get up without help.</p>



COREY WRIGHT, ADMINISTRATOR



ANTI-ANXIETY/HYPNOTIC MEDICATION USAGE



ALIVE INSIDE SCREENING



MUSIC & MEMORY ROOM



MUSIC & MEMORY ROOM



VOLUNTEERS



STORAGE TIPS



SAN JOSE HEALTHCARE & WELLNESS CENTER



NORTH POINT HEALTHCARE & WELLNESS CENTER

IPOD POUCHES



ESKATON CARE CENTER GREENHAVEN



"Thank you for giving my mom piano music. It's so nice to see she enjoys it." "I very much like the music. It makes me happy. Elvis and the Beach Boys makes me happy."

SAN JOSE HEALTHCARE & WELLNESS CENTER



ACC CARE CENTER



California Association of Health Facilities

THANKS FOR THE MEMORIES